



வள்ளுவன் தமிழ் மையம்

VALLUVAN TAMIL ACADEMY

Volunteer based, [non-profit \(501-c\) organization](#) for Tamil Education

தமிழ் புத்தாண்டு நல்வாழ்த்துக்கள்

இயல்வது கரவேல்

Food Collection Drive on Sunday, April 28th, 10:00 AM to 4:00 PM

In welcoming and celebrating the Tamil New Year, VTA is running a food drive to collect food item for needy people in our area. Please bring one (or more) of the suggested items to Tamil School on **Sunday, April 28th** and have your kid drop it in the collection bins. This will teach students a habit of sharing the food and helping the needy. Collected food items will be donated to the local shelters.

Suggested Food Items to Donate

- Boxes of Oatmeal (1 or 2 lbs)
- Boxes of Cereal (Prefer lower sugar, approx 1 to 2 lbs)
- Fortified Pastas (1 or 2 lbs)
- Dried Beans of All Kinds (1 or 2 lb bags)
- Mac and Cheese Mixes (standard size)
- Rice (1 lb bags preferred but no larger than 5 lbs)
- Spaghetti Sauce (18 to 24 oz)
- Peanut Butter, Smooth (1 to 2 lbs)
- Low Sugar Jelly (small jars), Regular Jelly or Jam (small jars)
- Nut Butters other than Peanut (1 lb)
- Canned Vegetables - Corn, Peas, Green Beans, and Carrots (approximately 8 to 16 oz)
- Canned Soup (regular size) and Low-Sodium Soups (regular size)
- Fruit Packed in its own Juice or Low Sugar (8 to 16 oz)
- Infant Disposable Diapers, no more than 20 in a Pack

If you have any questions, please contact:

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